

JAMAICA BLUE APP | CHILLED DRINKS – NIPS

Iced Mocha		
NUTRITION INFORMATION		
Serving size: 457g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1830kJ (438Cal)	401kJ (96Cal)
Protein	7.8g	1.7g
Fat, Total	28.2g	6.2g
- Saturated	18.5g	4.1g
Carbohydrate	38.6g	8.4g
- Sugars	34.6g	7.6g
Sodium	109mg	24mg

Ingredients: **Milk**, **Ice**, **Coffee** (13%), **Ice Cream** (Water, Fresh Cream, Sucrose, Milk Solids, Glucose (Wheat), Emulsifier (471), Vegetable Gums (407a, 410, Guar Gum, Xanthan Gum), Flavour, Colour (150)), **Cream**, **Dark Chocolate Sauce**.

Contains Wheat Products, Milk.



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Iced Coffee		
NUTRITION INFORMATION		
Serving size: 457g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1780kJ (426Cal)	390kJ (93Cal)
Protein	7.3g	1.6g
Fat, Total	26.7g	5.9g
- Saturated	17.5g	3.8g
Carbohydrate	39.2g	8.6g
- Sugars	37.0g	8.1g
Sodium	100mg	22mg

Ingredients: **Milk, Ice, Coffee** (13%), **Ice Cream** (Water, Fresh Cream, Sucrose, Milk Solids, Glucose (Wheat), Emulsifier (471), Vegetable Gums (407a, 410, Guar Gum, Xanthan Gum), Flavour, Colour (150)), **Cream, Vanilla Flavoured Syrup**.

Contains Wheat Products, Milk.



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Iced Chocolate		
NUTRITION INFORMATION		
Serving size: 404g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	2140kJ (510Cal)	529kJ (126Cal)
Protein	8.7g	2.1g
Fat, Total	28.6g	7.1g
- Saturated	18.7g	4.6g
Carbohydrate	55.4g	13.7g
- Sugars	51.0g	12.6g
Sodium	121mg	30mg

Ingredients: **Milk, Ice, Ice Cream** ((Water, Fresh Cream, Sucrose, Milk Solids, Glucose (Wheat), Emulsifier (471), Vegetable Gums (407a, 410, Guar Gum, Xanthan Gum), Flavour, Colour (150)), **Cream, Dark Chocolate Sauce** (5%) (Sugar, Water, Dextrose, Cocoa Powder (11%), High Fructose Syrup, Modified Starch (1442), Cocoa Mass, Acidifying Agent (Citric Acid), Flavouring, Emulsifier (471), Preservative (Potassium Sorbate), Salt), **Chocolate Powder** (5%) (Sugar, Cocoa (15%), Whey Powder (From Milk)).

Contains Wheat Products, Milk.



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Coffee Caramel Chilled Blend		
NUTRITION INFORMATION		
Serving size: 342g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1470kJ (352Cal)	432kJ (103Cal)
Protein	5.6g	1.6g
Fat, Total	13.1g	3.9g
- Saturated	11.6g	3.4g
Carbohydrate	52.5g	15.4g
- Sugars	45.2g	13.2g
Sodium	219mg	64mg

Ingredients: **Ice**, **Milk**, **Caramel Flavoured Syrup** (13%) (Water, Sugar, Maize Thickener (1442), Sweetened Condensed Milk, Caramel Flavour, Vegetable Gum (Xanthan Gum), Preservatives (202, 223), Food Acid (Citric Acid), Colours (102, 155, 133, Caramel III), Salt), **Frappease Powder** (Vegetable Shortening [Vegetable Fat (Coconut), Glucose Syrup Solids, Milk Protein, Acidity Regulators (339, 340, 331), Sugar, Emulsifier (471), Anticaking Agent (551), Salt, Vegetable Gum (407), Flavouring], Sugar, Milk Solids, Vegetable Gum (407), Flavours, Salt), **Coffee** (9%).

Contains Milk.



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Vanilla Milkshake		
NUTRITION INFORMATION		
Serving size: 329mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1550kJ (370Cal)	470kJ (112Cal)
Protein	10.0g	3.0g
Fat, Total	15.7g	4.8g
-	10.2g	3.1g
Carbohydrate	47.0g	14.3g
- Sugars	44.5g	13.5g
Sodium	133mg	41mg

Ingredients: **Milk** (76%), **Ice Cream** (Water, Fresh Cream, Sucrose, Milk Solids, Glucose (Wheat), Emulsifier (471), Vegetable Gums (407a, 410, Guar Gum, Xanthan Gum), Flavour, Colour (Caramel I)), **Vanilla Syrup** (8%) (Sugar, Water, Natural Flavouring, Concentrated Lemon Juice, Preservative (202), Colour (Caramel I) Contains Vanilla Extract.).

Contains Wheat Products, Milk.



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Strawberry Milkshake		
NUTRITION INFORMATION		
Serving size: 330mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1460kJ (349Cal)	443kJ (106Cal)
Protein	10.1g	3.1g
Fat, Total	15.7g	4.8g
-	10.2g	3.1g
Carbohydrate	41.4g	12.6g
- Sugars	39.0g	11.8g
Sodium	133mg	41mg

Ingredients: **Milk** (76%), **Ice Cream** (Water, Fresh Cream, Sucrose, Milk Solids, Glucose (Wheat), Emulsifier (471), Vegetable Gums (407a, 410, Guar Gum, Xanthan Gum), Flavour, Colour (Caramel I)), **Strawberry Fruit Mix** (8%) (Sugar, Strawberry Puree (50.1%), Natural Flavouring, Acid (Citric Acid), Thickener (Pectin), Preservative (202), Colour (129)).

Contains Wheat Products, Milk.



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Chocolate Milkshake		
NUTRITION INFORMATION		
Serving size: 332mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1690kJ (404Cal)	510kJ (122Cal)
Protein	10.9g	3.3g
Fat, Total	16.3g	4.9g
-	10.8g	3.3g
Carbohydrate	53.4g	16.1g
- Sugars	47.1g	14.2g
Sodium	158mg	48mg

Ingredients: **Milk** (75%), **Ice Cream** (Water, Fresh Cream, Sucrose, Milk Solids, Glucose (Wheat), Emulsifier (471), Vegetable Gums (407a, 410, Guar Gum, Xanthan Gum), Flavour, Colour (Caramel I)), **Dark Chocolate Sauce** (8%) (Sugar, Water, Dextrose, Cocoa Powder (9.5%), Maltodextrin, Modified Starch (1442), Cocoa Mass (0.5%), Flavouring, Preservative (202), Salt, Stabiliser (Xanthan Gum), Emulsifier (471), Acid (Citric Acid)).

Contains Wheat Products, Milk.



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Caramel Milkshake		
NUTRITION INFORMATION		
Serving size: 329mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1580kJ (377Cal)	479kJ (114Cal)
Protein	10.9g	3.3g
Fat, Total	16.8g	5.1g
-	11.0g	3.3g
Carbohydrate	45.9g	13.9g
- Sugars	41.8g	12.7g
Sodium	240mg	73mg

Ingredients: **Milk** (76%), **Ice Cream** (Water, Fresh Cream, Sucrose, Milk Solids, Glucose (Wheat), Emulsifier (471), Vegetable Gums (407a, 410, Guar Gum, Xanthan Gum), Flavour, Colour (Caramel I)), **Salted Caramel Sauce** (8%) (Sugar, Caramel (20%), Water, Skimmed Sweetened Condensed Milk, Glucose-Fructose Syrup, Butter, Modified Starch, Salt, Natural Flavouring, Colour (Caramel I), Emulsifier (471), Preservative (202), Acid (Citric Acid)).

Contains Wheat Products, Milk.



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Banana Milkshake		
NUTRITION INFORMATION		
Serving size: 329mL		
	Average Quantity per Serving	Average Quantity per 100mL
Energy	1430kJ (341Cal)	434kJ (104Cal)
Protein	10.1g	3.1g
Fat, Total	15.7g	4.8g
-	10.2g	3.1g
Carbohydrate	39.6g	12.0g
- Sugars	37.0g	11.2g
Sodium	133mg	41mg

Ingredients: **Milk** (76%), **Ice Cream** (Water, Fresh Cream, Sucrose, Milk Solids, Glucose (Wheat), Emulsifier (471), Vegetable Gums (407a, 410, Guar Gum, Xanthan Gum), Flavour, Colour (Caramel I)), **Banana Fruit Mix** (8%) (Banana Puree (50.1%), Sugar, Natural Flavouring, Acid (Citric Acid), Preservative (202), Thickener (Pectin)).

Contains Wheat Products, Milk.



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Banana Smoothie

NUTRITION INFORMATION

Serving size: 330g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1090kJ (261Cal)	332kJ (79Cal)
Protein	7.0g	2.1g
Fat, Total	8.4g	2.6g
-	5.4g	1.6g
Carbohydrate	37.9g	11.5g
- Sugars	33.0g	10.0g
Dietary	2.4g	0.7g
Sodium	72mg	22mg

Ingredients: **Milk, Banana (30%), Ice, Ice Cream** (Water, Fresh Cream, Sucrose, Milk Solids, Glucose (Wheat), Emulsifier (471), Vegetable Gums (407a, 410, Guar Gum, Xanthan Gum), Flavour, Colour (Caramel)), **Honey, Cinnamon.**

Contains Wheat Products, Milk.



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