

TAKEAWAY MENU

Mini breakfast frittata 1880kJ (LG)

Oven baked with bacon, eggs, roasted potato, diced tomato, shallot & cheese served with tomato relish **10.9**

Savoury croissant 2090kJ

Ham, cheese & tomato served toasted **8.90**

Today's soup (LG)

Served warm with toast **from 9.9**

Bacon & egg roll

With cheese and choice of sauce 2961kJ **10.9** or try it with Jamaican Pork Belly, BBQ sauce 2322kJ for **12.9**

Halloumi & avocado breakfast roll 3070kJ (V)

Grill halloumi, avocado, rocket, caramelise onion, aioli & poached egg on milk bun **13.9**

Egg Benedict 2762kJ

Poach eggs, bacon & spinach on sourdough toast with hollandaise sauce **17.9** or try it with Jamaican Pork Belly 2426kJ **18.9**

Chicken almond & herb flatbread 4080kJ

Chicken with slivered almond, red onion, spinach, parsley in paprika aioli sauce, toasted and serve with chip **14.9**

Beef & vegetable lasagne 1645kJ

Healthy version of a traditional favourite, packed full of vegies & flavour **13.9**

Angel Bay beef burger 4850kJ

Bacon, tasty cheese, gherkins, aioli, rocket, tomato & pickle onion on toasted milk bun, serve with chip **17.9**

Classic Fish & Chip 3659kJ

Lightly crispy fried cod with chip and tartare sauce **16.9**

Big Breakfast 5309kJ

Eggs your way, bacon, chorizo, cherry tomato, grill haloumi, hash brown, spinach & toast **21.9**

Jamaican pork belly burger

A succulent Jamaican glazed pork belly with rocket, green Smith apple, red onion, mint, siracha mayo, Jerk spice on toasted milk bun, serve with chip **19.9**

Two eggs your way on toast (V) 11.9

Sides

Salmon 5.0, Bacon 5.0, Pork belly 6.0, Avocado 4.0, Hash brown 3.0, Chorizo 4.0, Chips with sauce 8.0

(V) Vegetarian (LG) Low gluten
(DF) Dairy free

COFFEE

Cappuccino 631kJ, 1010kJ

Flat white 600kJ, 1060kJ

Latte 675kJ, 1119kJ

Long black 2kJ, 2kJ

Mocha 681kJ, 1218kJ

Piccolo 48kJ

Espresso 1kJ

Affogato 502kJ

Long macchiato TU 676kJ

SML

4.1

4.1

4.1

4.1

4.6

4.1

3.9

4.6

4.9

LRG

5.7

5.7

5.7

5.7

6.2

TEAS & HOT DRINKS

Hot chocolate 860kJ **4.6**

White hot chocolate 993kJ **4.6**

Chai latte 993kJ **4.6**

Elmstock leaf teabag 18kJ

English breakfast, earl grey, chai, chamomile, peppermint, organic green tea, fruit quencher, lemongrass & ginger tea **4.6**

COFFEE OVER ICE

Iced coffee 1780kJ **7.0**

Iced chocolate 2140kJ **7.0**

Iced mocha 1830kJ **7.0**

Iced latte 288kJ **6.0**

Coffee vanilla blend 1650kJ **7.0**

Coffee caramel blend 1470kJ **7.0**

CHILLED DRINKS

Still & sparkling water from **3.5**

Assorted juices & soft drinks from **4.0**

Kombucha **6.0**

Ask about our range of flavours

MILKSHAKES 6.5

Chocolate, strawberry, banana, vanilla, caramel, spearmint

SMOOTHIES

Green kiwi smoothie 1239kJ **7.0**

Banana smoothie 1090kJ **7.0**

Raspberry & white choc smoothie 1600kJ **7.0**

Mango & Cardamon smoothie 1149kJ **7.0**

Allergies? Please let us know. Traces of nuts & other allergens may be present in all dishes.

The average adult daily intake is **8700kJ**

